

School Breakfast: Goals & Talking Points

Goals

- Increased knowledge of hunger in Kentucky among elected officials.
- Increased awareness of schools ability to feed children
- Support of school breakfast legislation

Talking Points

1. Share your experiences! You are the expert on hunger in your own community and school .
2. Let them know the reality of hunger in your community, and highlight the importance of school meals in the fight against childhood hunger.
3. Share the fact that only one in six Kentucky kids who are eligible for free and reduced priced meals eat school breakfast daily, meaning 272,938 KY kids are missing out on breakfast.
4. Emphasize that this legislation would not mandate school districts to use instructional time for kids to eat breakfast in the classroom, but instead make it easier for schools to do so if they wanted.
5. Ask them to support using up to 15 minutes of instructional time to be used for students to eat breakfast in the classroom.