

# Join the Fight Against Hunger

Help us fight hunger in Kentucky by becoming an advocate, donating food and funds or volunteering at your local food bank!

**Learn more at FeedingKy.org** 



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www.FeedingKy.org







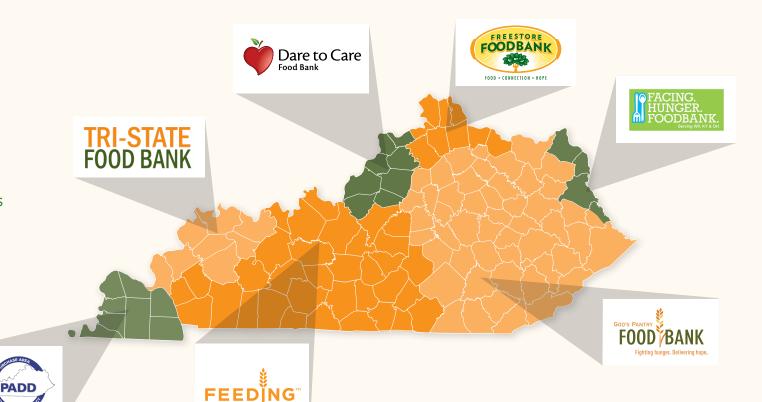


# FEEDING KENTUCKY. NOURISHING THE FUTURE.

#### Who We Are

Established in 2001, Feeding Kentucky is a 501(c)3 charitable organization committed to ending hunger in Kentucky.

Feeding Kentucky's seven member food banks serve all 120 Kentucky counties in partnership with a network of over 800 local food pantries and shelters.



#### What We Do

- Increase the quantity, quality, variety and nutritional value of food available to feed hungry people in Kentucky.
- Advocate for food security through sound public policy and legislative solutions to hunger.
- Mobilize the public to join the fight to end hunger by increasing awareness of the causes and solutions to hunger.
- Strengthen the coordinated hunger relief response to disasters.
- Build alliances and partnerships that impact hunger relief in Kentucky.

## **Hunger in Kentucky**

700,000 Kentuckians – 1 in 6 – are food insecure.

This means they do not always know where their next meal will come from.

Food bank clients report having to choose between paying for food and paying for utilities (67%) and medical care (69%).

91% of food bank clients purchased inexpensive but unhealthy food as a coping strategy to put food on the table.

77% of Kentuckians believe that hunger in Kentucky is a serious problem.



#### **Farms to Food Banks**

The Farms to Food Banks program increases the consumption of fresh, nutritious produce among hungry Kentuckians, reduces the amount of wasted food and helps Kentucky farmers to recover their losses.

### **Ky Kids Eat**

The Ky Kids Eat campaign works to end childhood hunger in Kentucky by connecting kids to healthy food 365 days a year.