



HELP STOP THE “BARRIER TO BREAKFAST” IN KENTUCKY SCHOOLS!

Clarify the law to allow students eligible for free and reduced meals to eat breakfast during the first 15 minutes of instructional time if needed.

THE PROBLEM

- Only 6 out of 10 students eligible for free and reduced priced meals eat breakfast daily.
- 272,938 Kentucky kids are missing school breakfast.
- Many kids cannot get to school early enough eat breakfast due to long bus rides and other obstacles out of their control.

THE SOLUTION

- A revision to 702 KAR 6:060 would allow school district administrators to consider up to 15 minutes as instructional time when students consume breakfast.
- Students would be served breakfast that they could eat during the first 15 minutes of instructional time. (This would likely lead to increased productivity throughout the school day too!)

KNOW THE FACTS

- By clarifying the current law, school districts that would like to implement this change would be able to allow breakfast during instructional time.
- Many school districts already allow breakfast during instructional time, but others require this clarification to consider allowing students to eat during the first part of instructional time.